



# RIPPLES JUNE 2023

# ENVIRONMENT DAY



Look deeply into nature to better grasp things. The date 5th June draws us closer to nature as passionately celebrate World Environment Day. This year which is 2023 marks the 50th anniversary of World Environment Day. It's a day to learn about the environment, take part in conservation activities, and hear about future ways to help. Schools play an essential role in educating students to become crusaders for environmental conservation.





As educators, we at Shikshaniketan have the chance to inculcate in children a desire to do their part to protect the environment. Students held special assemblies to discuss their perspectives on the necessity of conserving the Earth and the methods that can be taken to accomplish so.

It was moving and insightful to see our little Samaritans present strong messages on 'Save the Environment, Save Earth' through creative group activities like decorating pin-up boards and crafts, presenting rallies, hugging trees, and bringing awareness to using paper bags instead of polythene bags by visiting general shopkeepers and presenting them with paper bags. Thus, our school provides an opportunity for students to be young environmentalists and follow the fact that "A green future is a prosperous future.'



# YOGA DAY

"Discover the power of yoga and unlock your potential!"



"Yoga is not a religion. It is a science aimed at enhancing health, youth, and the integration of the body, mind, and soul."

Yoga is similar to resting thoughtfully throughout the day to activate the reset button. It not only transforms into higher academic results but also into greater overall growth and development. Yoga is indeed a crucial component of the learning process at Our Shiksha Niketan School, who believe kids exhibit better harmony and a sense of communal connection as a result. On June 21, 2023, the teachers and kids at school enthusiastically observed International Yoga Day.



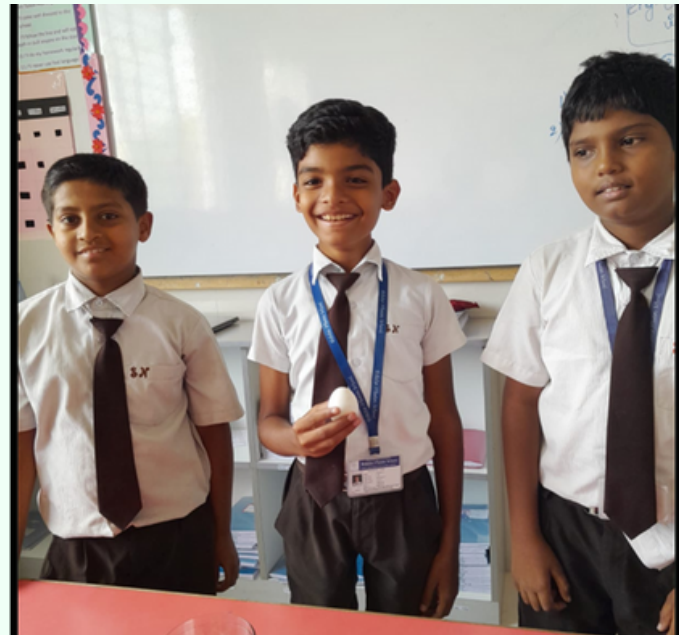
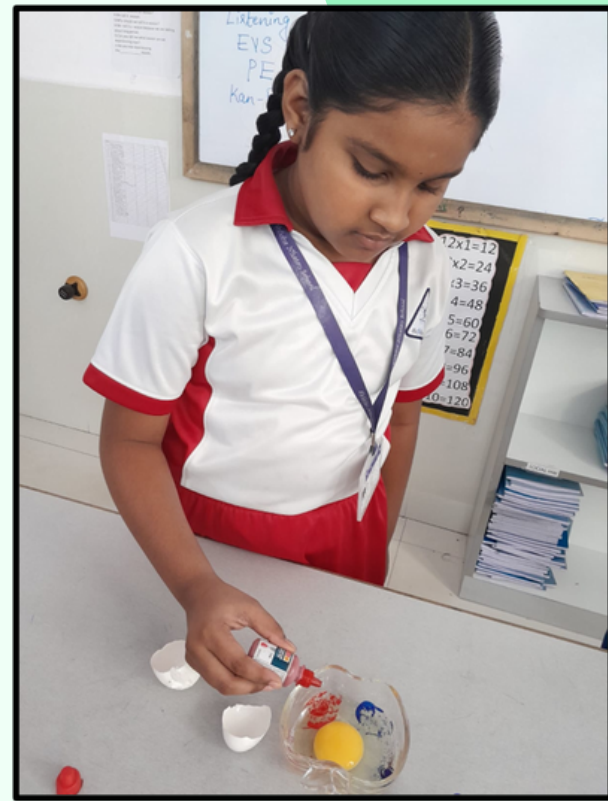


Students performed a variety of yoga poses. Warm-up exercises were practiced, and then all the students performed sitting and standing asanas while the importance of these was explained simultaneously. It served as a platform to promote yoga's comprehensive approach to physical, mental, and spiritual well-being and to spread awareness of the many advantages of the practice.



# SCIENCE

Students get the opportunity to discover more about how and why things work through science education. Teaching science through projects and activities fosters a child's resourcefulness, especially their ability to establish goals, prepare, and solve problems. Additionally, it fosters children's intellectual curiosity, giving them new methods to think critically and comprehend the outside world. The advantages are immeasurable. Every time you take a deep breath or eat your favorite meal, you have plants to thank. This corresponds to the fact that plants can release oxygen and give all animals on the planet food. Our students will have a better understanding of how plants provide these essential ingredients for life by learning about the ins and outs of photosynthesis.

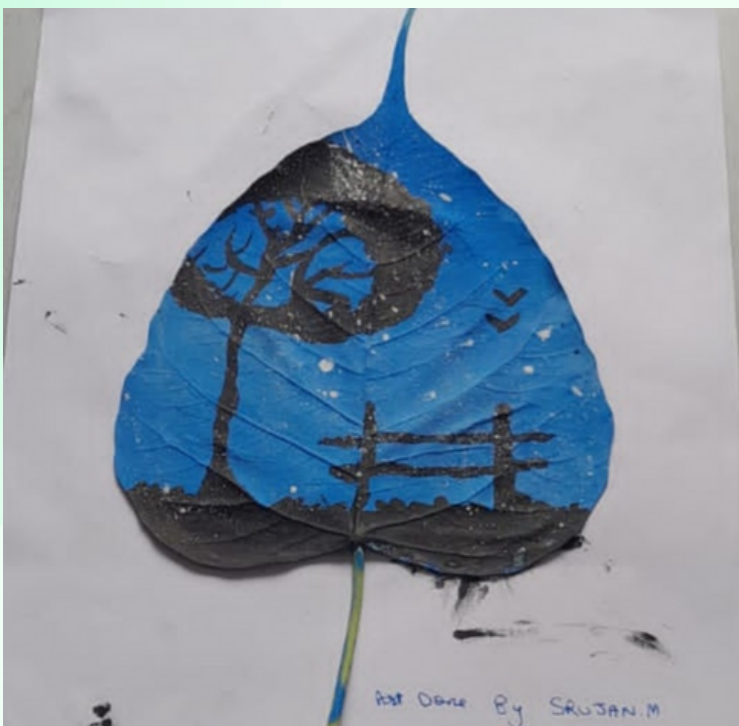


Our guiding principle is to impart knowledge not just verbally but also practically through chlorophyll painting. How did the kids manage to do this? They took a stroll through the gardens and collected numerous green leaves. A majority of them enjoyed playing with the wilting spinach leaves they had at home. The children's hands were painted green, and the classroom was filled with the smell of fresh leaves. The youngsters' eyes were opened by the environment when they rolled up the leaves to make a lot of green tone. This modification to the original instructions improves children's brainstorming, acceptance of the challenge, testing and revision of the strategy, and further attempts.



**"Those who wish to see flowers will always find them,"**

**Children learn to cherish and appreciate traditions and depiction from other cultures and eras through arts and crafts. They are able to critically evaluate both their own work and that of others as a result of their training in design, art, and crafts. They gain the skills essential to think both rationally and artistically as designers and artists.**



**To encourage kids' innovative ideas to explore in a risk-free environment, Shiksha Niketan held competitions for paper bowl making and leaf art. Leaf Art is a beautiful artwork involving the delicate trimming of leaves to make the beautiful picture. The competition for leaf art drew passionate participation from each and every kid.**

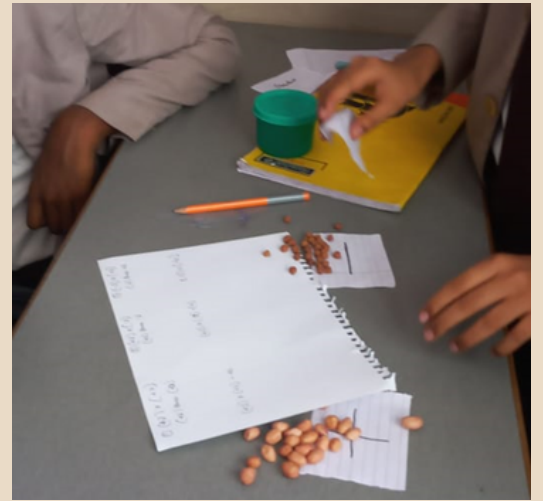
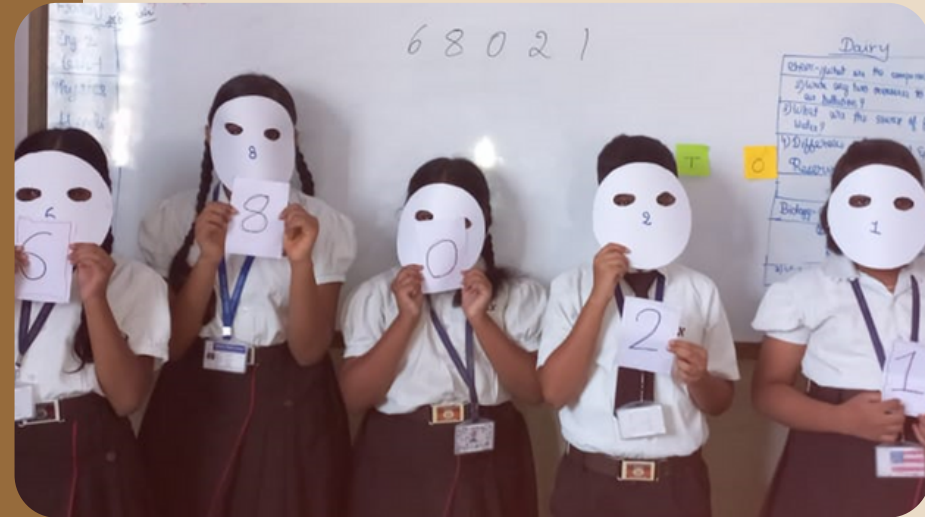
Students could develop their dexterity and hand-eye coordination without exhausting their bodies or minds.

Children were encouraged to draw, cut, glue, and paint their way to unique paper bowls, which helped them focus on each step individually, improve their fine motor skills, and boost their self-confidence as artists.

With the help of their talent, students were able to express their creativity and ideas.



# MATH



Same signs add, different signs subtract; if they are the same, keep them the same; if they are different, use the larger sign.

These are the rules for adding integers, which tells us not to be topsy-turvy while dealing with the integers.

What do these numbers represent?

The fundamental units of mathematics are the positive and negative integers. Hence, for any middle school student, mastering the abilities to comfortably work with positive and negative integers is essential.







As a result, the students were better equipped to master integers in checking accounts, the stock market, basement floors in buildings, temperatures, and many other situations where they would encounter them in real life.

So.... no more, WHY INTEGERS!?!

We at Shiksha use a variety of games, sessions, and activities to engage the children and provide them the chance to interact with items like pebbles and other objects. We discovered that the kids showed an enormous amount of interest in watching, feeling, and understanding this concept.



# MONTHLY NEWSLETTER VOL.30



As soon as a child is born, parents begin making plans for how to teach him all of the knowledge he will need to survive. As the child grows, informing him things at home is no longer enough. He must go to school in order to effectively comprehend and learn things. Shiksha Niketan School is where a child first learns to value and respect the importance of education.

Every teacher out here prioritizes education for their students. Along with that, our school serve a variety of extracurricular activities which moulds a child into an individual who is ready to face the world even in adversarial situations.

Students are encouraged to play, run, dance, climb, and do other activities that keep their bodies active and their muscles strong. With a hale and hearty body, no one can stop the child from learning and performing well.



# **THANK YOU ALL**

